



Get Outdoors Challenge

We are challenging our members—girls and adults—to get outside! From June 1, 2020 through September 13, 2020, complete as many activities as possible outdoors, then fill out the Get Outdoors Challenge Form online to receive your free patch. As soon as you’ve completed the required amount of activities for your grade level, submit your form to receive the Get Outdoor Challenge patch.



Activity Requirements

The required amount of activities for each grade level are listed below. On the Get Outdoors Challenge form, there is a list of activity suggestions, and there’s also space to fill in your own!

- Daisy – 5
- Brownie – 10
- Junior – 15
- Cadette, Senior, Ambassador, Adult – 20

Challenge Rules & Guidelines

Girls and adults must complete the required number of activities for their grade level and submit the Get Outdoors Challenge Form—available online only—by September 13, 2020 to earn the patch. Girls and adults may complete activities as a group, but each girl and adult should only count activities that they participated in. **When participating in the Get Outdoors Challenge, please follow all local and CDC guidelines related to COVID-19.**

Challenge Dates & Deadlines

The challenge is open to current girl and adult members of GSMH. Family members may participate in activities but are not eligible for patches. Girls and adults may only submit one patch request. Activities must be completed between June 1, 2020 and September 13, 2020. All entries must be submitted by September 13, 2020.

Submit Your Photos

Participating in the Get Outdoors Challenge? Share the fun and show off your outdoor skills by submitting photos on our website for our Get Outdoors photo album!

Possible Outdoor Activities

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| Make a nature rubbing. | Go bird watching. | Make an outdoor game. | Read a book outside. |
| Build a bird or bat house. | Go backyard camping. | Go stargazing. | Ride a bike. |
| Learn how to apply sunscreen. | Go canoeing or kayaking. | Go swimming. | Take nature photos. |
| Build or sit around a campfire. | Go fishing. | Harvest fruits or vegetables. | Visit a farm virtually. |
| Cook over a campfire. | Make your own trail mix. | Have a backyard picnic. | Visit a botanical garden virtually. |
| Create art inspired by nature. | Go hiking. | Plant a tree or flower. | Visit a park virtually. |
| Exercise outside. | Skip a stone. | Play a sport outside. | Visit a zoo or aquarium virtually. |
| Fly a kite. | Make a first aid kit. | Play in the rain/snow. | Watch the sunset. |

**Complete More
Activities?
List them here!**
