

Brownie

My Family Story



Age-level: Brownie

Pillar: Life Skills

Badge Description: Find out more about your family, the people you love, and who love you.

1. Explore family stories.

- Watch a movie or TV show that is a story about families. Then, answer the following the questions:
 - How are the families in the TV show or movie different than yours? How are they the same?
 - What would a movie/TV show look like if it was about your family?

2. Know where your family is from.

- Ask a family member about a family recipe and share it with them! Don't have a family recipe? Create one! Create a recipe that represents your family, write it down, and share it with them.

3. Make a story tree.

- Make your own family tree. A family tree is a chart representing family relationships and ancestry in a somewhat tree shape. Family trees help us know where we came from and give us clues as to where our family is headed. It can also help us learn things about our families like medical history, which is important information to know.

4. Find an object that means something to your family.

- A family heirloom is something that is passed down from generation to generation. Examples of this could be jewelry, dishes, or even furniture. Ask questions about your family heirloom like where and when it came from and why it means so much to your family!

5. Share your family story.

- Create a family crest for your family! A family crest is a picture that uses colors and symbols to show what's important to the family. Think about what is important to your family and make sure to share your creation with the rest of your family!

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