



Lifeguard-in-Training (LGT) and Wrangler-in-Training (WIT) Programs

Course Description

The purpose of a L.G.T. / W.I.T. course is to provide leadership training for young adults who have already learned the fundamentals of good camping, advanced swimming, and/or horseback riding and who are interested in working as a camp staff member in the future. The L.G.T. / W.I.T. courses, like all Girl Scout experiences, provide participants with opportunities to participate in a rich group living experience, to discover and build individual skills and to have a close involvement with the natural environment.

Applicants should plan to be at camp for the duration of the entire course. Participants will be involved for two to four weeks in course work and hands-on experience working with girls in the camp setting. W.I.T. participants will become more familiar with the Girl Scout equestrian program, including safety guidelines and standards, equipment, and instruction. L.G.T. participants will be utilizing the American Red Cross Life Guard Training materials and completing course requirements to obtain an American Red Cross Life Guard Certification. The L.G.T. and W.I.T. participants will be learning about the work done by different staff members, as well as planning and providing instruction for girls.

Each of these courses is a learning experience to shape participants into future camp counselors. Completion of one of these courses does not guarantee the participant a camp counseling job. The intent is to help the participant gain leadership and camping skills to make them a qualified applicant.

Application Process

A completed application consists of three parts:

- 1. Completed written application and camp registration form (from camp brochure)**
The attached application should be completed in full and submitted along with a completed *Summer Camp Registration Form* and a non-refundable* deposit of \$25 by May 15, 2011.
**See Summer Camp Registration Procedures for details.*
- 2. Recommendation Forms**
Each applicant should have at least two recommendation forms completed and returned to the Girl Scout Service Center by May 15. These forms should be given to teachers, coaches, youth leaders, or any adult who can speak accurately of your skills and qualifications. Complete the top portion of each form and give the forms to those chosen along with a stamped envelope addressed to: Girl Scouts of the Missouri Heartland, Attn: Resident Camp Manager, 1432 Kurre Lane, Cape Girardeau, MO 63701. This will help to ensure prompt return of the forms.
- 3. Personal Interview**
Upon completion of application and receipt of recommendations, applicants will be contacted to schedule an interview with the Resident Camp Manager. This will be an informal interview process to discover some of the applicant's motivations and/or attitudes, as well as to assess her leadership potential and understanding of the course.

Completed application should be returned to:

Girl Scouts of the Missouri Heartland, Inc.
Attn: Resident Camp Manager
1432 Kurre Lane,
Cape Girardeau, Missouri 63701



Girl Scouts of the Missouri Heartland, Inc.

Program Application Lifeguard-in-Training and Wrangler-in-Training

Name _____ DOB _____ School Grade Completed _____
(mm/dd/yyyy)

Phone _____ Address _____

City _____ State _____ Zip Code _____

High School(s) Attended _____

Parent/Guardian Name _____

Camp Experience *(Use additional page if necessary)*

Name of Camp	Location	Organization	# Years as Camper

Organizational Involvement *(Use additional page if necessary)*

Name of Organization	Type (School, Church, etc.)	# Years Involved	Description/Level of Involvement

Additional Related Leadership or Work Experience

Leadership courses taken _____

Leadership experience _____

Work or volunteer experience _____

Certifications and Trainings *(indicate all that are applicable)*

Type of Certification/Training	Date Certified	Location	Level of Certification
Swimming Certifying Organization: _____			
Small Craft Safety Type of Craft: _____			
CPR/First Aid			
Outdoor Living Skills			
Program Aide Core Training			
Program Aide Specialization			

Camp Skills

Skill	I have this skill.	I can teach or lead this skill.
Backpacking		
Boating		
Canoeing		
Climbing/Rappelling		
Crafts		
Creative Writing		
Ecology Activities		
Fishing		
Folk Dancing		
Games		
Hiking		
Horseback Riding		

Skill	I have this skill.	I can teach or lead this skill.
Nature Study		
Outdoor Cooking		
Outdoor Living		
Photography		
Poetry		
Singing/Songs		
Story-Telling		
Swimming		
Sports		
Other:		
Other:		
Other:		

Short Answer Questions

1. Why do you wish to be a L.G.T. or a W.I.T.?

2. What do you feel you can contribute to the program?

Completed applications are due, along with a Summer Camp Registration Form and a \$25 non-refundable deposit, by May 15 to:

*Girl Scouts of the Missouri Heartland, Inc.
 Attn: Resident Camp Manager
 1432 Kurre Lane
 Cape Girardeau, Missouri 63701*

