



Girl Scouts of the Missouri Heartland, Inc.

**Be the Change**



**Leader's Weekend 2009**

"I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble."

Helen Keller

# **Be the Change!**

## **2009 Leader's Weekend**

**Invitation to all Girl Scout Leaders  
and Adult Volunteers**

**Friday, April 17, 2009 through Sunday, April 19, 2009  
Finbrooke Outdoor Center, Rogersville, MO**

Girl Scouting builds girls of courage, confidence and character who make the world a better place.

## Invitation to 2009 Leader's Weekend *Be the Change!*

Until now, only a handful of people have realized that our theme this year, *Be the Change!*, is borrowed from a book title of the same name, edited by Michelle Nunn. It has to do with volunteering and changing the world. Can you really change the world, make the world a better place, or leave your personal impact on the world? We certainly would like to think so, and we are out to explore that premise at this year's event.

Our workshops are grouped into three categories: crafts, leadership and outdoors. For you die-hard crafters, we have lots of craft classes, so read them closely and pick your five! We've got Tie-dye, Bandanas, Painting, Flowers, Soap-making, Origami, and Ductagami, to name a few. The craft presenters are some of the best around, so I just know you won't go home disappointed with any of them. For leadership, we have Graces, Songs, Sign Language, NASA, Hula Dancing, and Ceremonies. Our Flagship workshop, "Be the Change!", offers an inspirational look at the Girl Scout Ninth Law. Outdoor people can find out What's up With Water, tie knots, shoot bows and arrows, cook their lunch around the fire, or brave their fate in the Mystery Workshop.

Would you like to see more of Camp Finbrooke? Then, take a hike. We have a Bird Hike, a Night Hike and a Nature Hike planned. You will also want to stick around Sunday morning for services at Inspiration Point and a special program designed to inform us about the opportunities at all of the camps in our new council. Yes, we will be participating in Girl Scout "Swaps" like crazy, so you should get started making them soon. We love to make those forever memories to take home with us!

The fun kicks off this year with our committee dinner on the Hill, followed by our first-night campfire. I can't help but notice that leaders really love to eat at this event, so we have an exciting menu planned. I am personally recommending the soup and the Honey Cake!

The best part about Leader's Weekend is that you may come and go as you please, so even if you only come out for a few hours, we would still love to see you attend. Our best advice on registrations is to fill them out right away and mail them back. Although the postmark deadline is Tuesday, March 10th, workshops tend to fill up quickly and you may not get into the one you wanted the most. The event has a participant limit as well, so to ensure that you are registered, please mail your registration quickly. If you have any questions prior to the event, please contact the Volunteer Services Coordinator Patty Workman at the Council office.

I already know that if you have ever been to Leader's Weekend, you're going to want to attend again. If this is your first time, then you are in for a treat - just ask anyone who has gone before. So, come on, be part of the "change". Hope to see you at camp in April!

Ralph Lowrey, Chairman  
2009 Leader's Weekend Committee

## Registration Form

### 2009 Leader's Weekend: Be the Change!

Please complete this registration form & return with payment. Postmark by Tuesday, March 10, 2009. Workshop sessions will be filled on a first-come, first-served basis. Register early to get what you want!

Name \_\_\_\_\_ Phone \_\_\_\_\_ Service Unit \_\_\_\_\_ Troop # \_\_\_\_\_ Level \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please be sure to select and mark both first (1) and second (2) choices for ALL sessions. If your first choice is filled, and you did not list a second choice, you will be assigned Free Time. When you register, please pay for first choices only. Confirmations of your Workshop Schedule will be mailed to you prior to the 2009 Leader's Weekend Event. Please note workshop costs and times in the workshop description pages. (Please print)

#### 9:00am-10:00am **SESSION 1:**

	<u>Class Limit</u>
_____ Simple Crafts: Presented by Missy Nimmo	20
_____ Saving Grace: Presented by Judy Robinett	30
_____ Ginger's Creative Card Class: Presented by Ginger Schneider – <u>Cost \$2.00</u>	15
_____ Going Green - Trash to Treasure: Presented by Patty Workman	20
_____ Ceremonies: Presented by Ralph Lowrey	20
_____ Recycled Christmas Card Ornaments: Presented by Trina Keeler	20
_____ Volunteers Change the World: Presented by Jill Cooksey	12
_____ Free Time	

#### 10:15am-12:15pm **SESSION 2: (2-Hour Session)**

	<u>Class Limit</u>
_____ Sign Language for Girl Scouts: Presented by Joan Harter	20
_____ What's up With Water? Presented by John Miller	40
_____ Easy Floral Arranging: Presented by Anne Hyde – <u>Cost \$4.00</u>	30
_____ You Cooked That? Presented by the Boaz Mafia – <u>Cost \$6.00</u>	20
_____ One Stroke Fun: Presented by Debra Maples – <u>Cost \$8.00</u>	20
_____ Mystery Workshop: Presented by the Mystery Presenter	20
_____ Free Time	

#### 1:45pm-2:45pm **SESSION 3:**

	<u>Class Limit</u>
_____ Be the Change!: Presented by Jan Rorrer	12
_____ Squeaky Clean Soaps: Presented by Janice Anderson – <u>Cost \$1.00</u>	20
_____ Get Your Groove On: Presented by Stacy Weinstein	30
_____ NASA and Girl Scouts!: Presented by Beth Whitehead ( <i>one hour only</i> )	20
_____ Archery 101: Presented by Hershey and Chiknhead	12
_____ To Be Or Knot To Be: Presented by Trina Keeler	25
_____ Lanyards 101: Presented by Karin Poppe – <u>Cost \$2.00</u>	30
_____ Free Time	

#### 3:00pm-4:00pm **SESSION 4:**

	<u>Class Limit</u>
_____ Blue Jean Purses: Presented by Angie Reid – <u>Cost \$1.00</u>	30
_____ NASA and Girl Scouts!: Presented by Beth Whitehead ( <i>one hour only</i> )	20
_____ Ductagami: Presented by Peggy Oney – <u>Cost \$1.00</u>	20
_____ Finbrooke Halau Hula: Presented by Joan Gibson	25
_____ WRAPtastic Hair Wraps: Presented by Juli Stovall – <u>Cost \$1.00</u>	20
_____ Archery 201: Presented by Hershey and Chiknhead	12
_____ Free Time	

#### 4:15pm-5:15pm **SESSION 5:**

	<u>Class Limit</u>
_____ "Bee" In the Know: Presented by Mary Shepard & Barbara Lowrey	20
_____ Ginger's Creative Card Class: Presented by Ginger Schneider – <u>Cost \$2.00</u>	15
_____ I Dye – You Dye: Presented by Missy Nimmo	20
_____ Beginning Origami: Presented by Angie Reid – <u>Cost \$1.00</u>	30
_____ Basic Quilling: Presented by Becky Kershner – <u>Cost \$3.00 or \$8.00</u>	15
_____ Be the Bandana: Presented by Judy Robinett – <u>Cost \$3.00</u>	25
_____ Free Time	

You may register for the entire weekend (check in at 6:00 pm on Friday and stay through Sunday afternoon) or you may choose to come for Saturday events only. You may come and go as you wish.  
 This is your weekend and we want to accommodate you in every way possible.

## Registration Form (Page 2)

(Please print)

**Attn. Event Nurse:** I have the following needs (allergies, diet, physical needs, special accommodations, etc.)

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### Attendance and Bunks:

I plan to arrive at \_\_\_\_\_ (time) on \_\_\_\_\_ (day), and leave at \_\_\_\_\_ (time) on \_\_\_\_\_ (day).

I will need a bunk in one of the campground units for: \_\_\_\_\_ Friday Night \_\_\_\_\_ Saturday Night.

I would like to bunk in the same unit with a friend, or others from my Service Unit, and their names are: \_\_\_\_\_

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### Please check the correct response for the following questions so that we may better serve your needs:

\_\_\_\_ Yes \_\_\_\_ No Are you a first-time participant at Leader's Weekend?

\_\_\_\_ Yes \_\_\_\_ No Have you camped at Finbrooke Outdoor Center before?

\_\_\_\_ Yes \_\_\_\_ No Are you a Certified Troop Camper (Completed BTC Training)?

\_\_\_\_ Yes \_\_\_\_ No Are you certified in First Aid, CPR, or are you a medical professional?

\_\_\_\_ Yes \_\_\_\_ No Can you assist with special duties? (Special Sister: pairs up with first-timers for weekend; First Aider in camp units, etc.)

I am from \_\_\_\_\_ Service Unit. I am from \_\_\_\_\_ Service Center Area.

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### Meal Attendance:

Please check each meal you are planning on attending during the weekend:

\_\_\_\_ Friday Dinner (Potato/Italian Soups, Sandwiches, Veggie Tray, Brownies & Drinks)

\_\_\_\_ Saturday Breakfast (Calamity, Bacon, Fried Potatoes, Toast, Cereal, Fruit, Coffee & Juice)

\_\_\_\_ Saturday Lunch (Taco/Salad Bar, Honey Cake, Fruit & Drinks)

\_\_\_\_ Saturday Dinner (Baked Chicken **OR** Pork Chops (**CIRCLE ONE**), Salad & Rolls, Cobbler & Drinks)

\_\_\_\_ Sunday Brunch (Biscuits & Sausage Gravy, Bagels & Cream Cheese, Cereal, Fruit, Coffee & Juice)

**Please register me for \_\_\_\_\_ meals x \$6.00 per meal, for a total meal cost of: \$ \_\_\_\_\_**

**Workshop Costs: I have registered for a total of \_\_\_\_\_ workshops for a total of: \$ \_\_\_\_\_**

**Memorabilia:** Tee Shirts are event customized. Please circle sizes needed!

\_\_\_\_ (quantity) Tee Shirts S – M – L – XL x \$10.00 each, for a total Tee Shirt cost of \$ \_\_\_\_\_

\_\_\_\_ (quantity) Tee Shirts 2XL x \$11.00 each for a total Tee Shirt cost of \$ \_\_\_\_\_

\_\_\_\_ (quantity) Tee Shirts 3XL/4XL x \$12.00/\$13.00 each for total Tee Shirt cost of \$ \_\_\_\_\_

\_\_\_\_ (quantity) Embroidered Collectors Patch x \$2.50 each for a total Patch cost of \$ \_\_\_\_\_

\_\_\_\_ (quantity) Canvas Tote Bags w/Zipper x \$10.00 each for total Tote Bag cost of \$ \_\_\_\_\_

**TOTAL FEES FOR MEALS, WORKSHOPS, AND MEMORABILIA -----> \$ \_\_\_\_\_**

**Name:** \_\_\_\_\_ **Telephone Number** \_\_\_\_\_

**Mail Registration Form with Total Amount of Fees, from above, to:**

(Please make checks payable to GSMH)

Please direct any questions to Patty Workman at the Service Center

Phone: (877) 312-4764

e-mail: [pworkman@girlscoutsmoheartland.org](mailto:pworkman@girlscoutsmoheartland.org)

**Girl Scouts of the Missouri Heartland, Inc.**

**Attn: Patty Workman**

**210 South Ingram Mill Road**

**Springfield, Missouri 65802**

Please complete a separate registration form for each participant. You may print additional forms from the website as needed. Have you remembered to circle your Tee Shirt size on the form above?

We are sorry that absolutely no refunds can be made after March 10, 2009, and that any of the above memorabilia that has been ordered will be distributed on an event-participation basis only!

**\*PLEASE POSTMARK NO LATER THAN TUESDAY, MARCH 10, 2009\***

**Please enclose total fees for event from above.**

**You will receive your Session Schedule and Class Confirmation in the mail prior to the Leader's Weekend Event.**

## **Weekend Schedule**

### **2009 Leaders Weekend: Be the Change!**

**Service Project:** We are collecting and donating items to the Salvation Army in Springfield. Please bring canned food items (meat, vegetables, soup, etc.) to drop off at our Check-In Desk. We challenge each of you to bring as many of these items as you can. Read more information online: [salvationarmyusa.org](http://salvationarmyusa.org)

#### **FRIDAY EVENING ACTIVITIES:**

##### **6:00 pm – 8:00 pm Sign-In and Registration**

Please sign in at the covered “Registration Station” on your left just past the front entrance, and in front of the Camp Ranger’s house. Drive down the hill and park in the gravel lot on your right. Walk up to the Lodge for check-in procedures.

(DO NOT drive your car up to the Units!) Please leave your gear in your car and check in at the Lodge for further instructions. If you need assistance, please ask a committee member. We will be happy to help you make your visit enjoyable!

##### **7:00 pm – 9:00 pm Dinner at Hickory Knoll and Oak Ridge Camp Units**

Dinner will be served by the Committee at Hickory and Oak Pavilions. Our menu includes Baked Potato & Italian Soups, Sandwiches, Veggie Tray, Brownies and Drinks. After dinner, look for our annual campfire under the Oak Ridge Pavilion with songs - including a brand new song from Stacy, S’mores and some of our usual crazy antics.

#### **SATURDAY ACTIVITIES:**

##### **6:30 am – 7:45 am Early Morning Bird Hike with Ginger Schneider**

Join us at the Lodge for some quick coffee and cocoa before we venture out on our annual bird hike to identify those early morning birds and their songs. We will return in time for Breakfast in the Lodge.

*Dress for the weather and bring a water bottle, binoculars and bird books if you have them. This is a rain or shine hike!*

##### **7:30 am – 9:00 am Sign-In and Registration for New Arrivals**

Sign in at the covered Registration Station on your left just past the front entrance, and in front of the Camp Ranger’s house. Drive down the hill and park in the gravel lot on your right. Check in at the Lodge for your instructions for the day.

##### **7:45 am – 8:45 am Breakfast and Kapers, in the Lodge**

Look for plenty of hot coffee, of course, along with Calamity, Bacon, Fried Potatoes, Toast, Cereal, Fruit, and Juice.

Please check the Kaper Chart for daily assignments. Light snacks and cold drinks will be available in the Lodge throughout the day and evening.

##### **9:00 am Workshop Sessions Begin**

Please allow enough time to locate your workshop sites so you will arrive on time. Workshop sites will be posted on the windows in the Lodge and in the camp units. Workshops run one to two hours each, with 15-minute intervals between each session to move from one to another. Workshops include crafts, outdoors, and leadership, but you may choose to relax and enjoy free time, if you wish. We hope you have a truly fantastic day seeing old friends, making new friends, learning new things, or exploring our camp!

##### **12:30 pm – 1:30 pm Lunch in the Lodge**

Menu includes Taco/Salad Bar, Honey Cake and Drinks. Remember to check the Kaper Chart for daily assignments.

##### **1:45 pm Workshop Sessions 3 through 5 Begin**

Please allow enough time to get your Kapers completed and to travel to your next workshop. The Lodge tables will need to be cleared to accommodate various workshops in the Lodge in Session 3 and the following sessions.

##### **3:30 pm – 6:30 pm Ladybug Shop Open in the Trading Post**

Check out the latest Girl Scout items in the Trading Post, located in the Northeast corner of the large green barn. You’ll want to grab some of those new Missouri Heartland keepsakes when you visit.

##### **5:15 pm Workshops End** Hike to units or relax and mingle with friends until dinner time.

## SATURDAY EVENING ACTIVITIES:

### **6:30 pm – 7:30 pm Dinner in the Lodge**

This is sure to be our best meal. Our menu will include Baked Chicken or Pork Chops, (**please select one or the other on your Registration Form**), Oven Rice, Green Beans, Garden Salad, Cottage Cheese Rolls, Cobbler & Ice Cream, and Drinks. Please refer to the Kaper Chart for assignments to complete before we start our evening activities.

**8:00 pm – 8:45 pm Swap Shop** in the Lodge, with Ralph. Let's catch up on our swapping! SWAPS are "Special Whatchamacallits Affectionately Pinned Somewhere". Usually, they are half-dollar sized, home-made mini-crafts displayed on a pin-back, or safety pin, that can easily attach to your hat, shirt or banner. They are the best when they tie in our theme, *Be the Change!*, and identify the person who is swapping them. We estimate that 75-100 should be enough for the avid swapper, so get busy now making them and Share With A Pal when you get there!

**8:45 pm – 11:00 pm Gather 'Round the Game Tables** in the Lodge. Bring your favorite board or card game and gather 'round the table with fellow gamers. Get comfy, have some popcorn and play some games!

**9:00 pm – 11:00 pm Star Gazing** Special guest Dale Flippo is bringing his telescope! Meet near the flagpoles after dark. If the sky is clear, we're going to see some astronomical sights like planets and galaxies!

### **10:00 pm – 11:00 pm Night Hike** (Meet at the Pavilion in Main Camp)

This is the best nature hike in the dark, recommended for those who are new to Finbrooke. You won't soon forget this experience, as we show you some night life that is only found at Camp Finbrooke!

*(Dress for the weather and bring a flashlight)*

## SUNDAY ACTIVITIES:

### **8:00 am – 9:00 pm Clean and Close Camp Units**

Unit Leaders will direct the Kapers in your camp units that need to be completed before coming down the Hill.

**8:15 am – 8:45 am Sunday Service** at Inspiration Point with Stacy. To EVERYTHING there IS a season. Change is all around us. Come enjoy the beauty that was created for us with a short message. There will be Communion for those who choose to partake. Hurry on up for Brunch!

### **9:00 am – 10:30 am Brunch in the Lodge**

Menu includes Biscuits and Sausage Gravy, Bagels and Cream Cheese, Cereal, Fruit, Coffee and Juice.

### **10:30 am – 11:30 am Special Program in the Lodge**

Join us as we discover the many opportunities available for our girls and troops at Camp Mintahama, Camp Friendship Fields, Camp Suzanne, Camp Silver Meadows, Camp Bachintal, Camp Green Berry Acres, Camp Sacajawea (West), Camp Latonka, Camp Sacajawea (East) and Camp Cherokee Ridge. We will discuss the locations of each camp, what our girls have available to them, and share some pictures of them with you. We will learn about the wealth of outdoor activities now available through Girl Scouts of the Missouri Heartland, Inc.

### **11:30 am – 12:30 pm All-Camp Meeting in the Lodge**

Discuss this year's Leader's Weekend and offer suggestions for next year's event. Please complete and turn in your Evaluations before leaving. If you'd like to join the 2010 Committee or be a workshop presenter, please let us know.

### **12:30 pm Clean and Close Lodge**

If you are staying through Sunday, please plan on staying to help us clean up before moving on to the concluding hike. We know from experience that this job goes very quickly if we all pitch in.

### **2:00 pm – 4:00 pm Final Nature Hike** This is our traditional closing hike, but this year we are making a change.

Join Ralph (*Father Nature?*) for a hike to open up your eyes to some of the beautiful sights in our camp.

*Dress for the weather, bring a water bottle (and a bag of bread crumbs to find our way back?)*

## **Workshop Descriptions**

### **2009 Leader's Weekend: Be the Change**

#### **SESSION 1: 9:00 am – 10:00 am**

- \_\_\_\_\_ **Simple Crafts** Presented by Missy Nimmo. Simple Crafts is taking a recycled turn to “Be the Change” this year. We are going to change bras into cute purses, old tee shirts into pillows, and show how to use your scrap fabric to make adorable angels. So please bring a clean tee shirt and bra and be prepared to have some fun!  
Class limit is 20.
- \_\_\_\_\_ **Saving Grace** Presented by Judy Robinett. Does your troop need some new graces to sing before snacks or meals? Have you wondered how to lead girls to recognize a higher power without preaching? Let’s share the fun of some new and familiar graces as well as some ways to save the spiritual component to Girl Scouting.  
Class limit is 30.
- \_\_\_\_\_ **Ginger’s Creative Card Class** Presented by Ginger Schneider. Join Ginger for a fabulous card-making hour. Experience how quick and easy card making can be. Choose from several kits with supplies to make two cards of each design (one to keep and one to send). This class will be offered twice with different kits at each session. Come share Ginger’s passion and catch the stamping bug. Bring scissors. Cost is \$2.00. Class limit is 15.
- \_\_\_\_\_ **Going Green – Trash to Treasure** Presented by Patty Workman. Recycle, Recycle, Recycle!! Bring your trash and we will make a treasure that you can share with your girls. Please bring plastic grocery bags and an old pair of flip-flops that you would like to recycle and we will make plastic bag purses and new flip-flops.  
Class limit is 20.
- \_\_\_\_\_ **Ceremonies** Presented by Ralph Lowrey. We’ll warm your hearts and touch your souls in this hands-on look at some of Girl Scout’s most popular ceremonies. From Investiture to Scout’s Own, and several you may have not seen before, we’ll show you the basics and make these easy to do with your girls when those serious ceremonies are on your troop’s agenda. Class limit is 20.
- \_\_\_\_\_ **Recycled Christmas Card Ornaments** Presented by Trina Keeler. Ever wonder what to do with those beautiful Christmas cards that you get and hate to throw out? Here is a great craft that you can do with your girls. Bring your old Christmas Cards and scissors. Class limit is 20.
- \_\_\_\_\_ **Volunteers Change the World** Presented by Jill Cooksey. Honor the community service performed by your girls and volunteers with the Presidential Volunteer Service Award. It’s for every age and it’s endorsed by Girl Scouts. Who knew? Perfect for troop leaders and service unit managers. Class limit is 12.

#### **SESSION 2: 10:15 am – 12:15 pm (2-HOUR SESSION)**

- \_\_\_\_\_ **Sign Language for Girl Scouts** Presented by Joan Harter. In this workshop, you will learn to sign the alphabet and some basic words and phrases. You’ll have an opportunity to use the signs you’ve learned when you sign the Girl Scout Promise and make new friends with the other participants. Class limit is 20.
- \_\_\_\_\_ **What’s Up With Water?** Presented by John Miller from the Shepherd of the Hills Conservation Center. Nearly all life on this planet needs water and yet we often treat it like dirt. Here is your chance to increase your Water IQ (Interest Quality). This workshop will provide several hands-on learning activities that you can share with your girls on how important water is to us, wildlife, and our environment. Be prepared to get wet and have fun while you learn. Class limit is 40.
- \_\_\_\_\_ **Easy Floral Arranging** Presented by Anne Hyde. Learn how to make your own floral arrangements for home or gifts. It’s not as hard as you might think! Come and smell the flowers with us and you will go away with two different styles of arrangements. Please bring a pair of kitchen shears or sharp scissors.  
Cost is \$4.00. Class limit is 30.
- \_\_\_\_\_ **You Cooked That?** Presented by The Boaz Mafia. Join us as we experience outdoor cooking using some unconventional methods. We will be fixing our lunch with a variety of methods including buddy burners, box oven, and reflector oven, to name a few. Join the fun and learn something different you can use on your next campout.  
Cost is \$6.00. *(Do not order” lunch” on registration form) (Dress for the weather and bring a water bottle)*  
Class limit is 20.

## SESSION 2: 10:15 am – 12:15 pm (Continued)

— **One Stroke Fun** Presented by Debra Maples. In this artistic workshop, you will learn how you can paint on many different things. Everything we paint will be done with only one brush. You will keep your special brush and works to take with you. Cost is \$8.00. Class limit is 20.

— **Mystery Workshop** Presented by the Mystery Presenter. Our Mystery Presenter offers us three quotations to ponder: “The real voyage of discovery consists not in seeking new lands, but in seeing with new eyes.” “The hours when the mind is absorbed by beauty are the only hours when we really live.” “There are two ways to live, one is as though nothing is a miracle. The other is as if everything is.” After that, your guess is as good as mine! (*Dress for the weather and bring a water bottle*). Class limit is 20.

## SESSION 3: 1:45 PM – 2:45 PM (After Lunch Hour)

— **Be The Change!** Presented by Jan Rorrer. This is a theme-orientated workshop! While the rest of our presenters are running with the 8<sup>th</sup> Girl Scout Law, we are going to key in on the 9<sup>th</sup> Girl Scout Law. Need some inspiration to really change the world? We’ve got it here for you and all you need to do is come and get it. We just know you can do it! Class limit is 12.

— **Squeaky Clean Soaps** Presented by Janice Anderson. You’re bound to come clean in this workshop! Learn how to make beautiful bar soaps and liquid hand soaps. The soaps are not only decorative, but useful around your home too. You’ll be squeaky clean from now on! Cost is \$1.00. Class limit is 20.

— **Get Your Groove On** Presented by Stacy Weinstein. Are your girls less interested in those old standards and more into the upbeat songs from camp? Wanna learn those dance moves that go along with those camp songs? Then this is the class for you. Come and have your “Funky Chicken” ready for a good time. Class limit is 30.

— **NASA and Girl Scouts!** Presented by Beth Whitehead, NASA Education Specialist. Launch your troop into fun and exciting hands-on activities with NASA. NASA has activities ready to go to help your troop achieve their badges. Find out what NASA has and how to locate it! (*This is a one-hour session only*) Class limit is 20.

— **Archery 101** Presented by Hershey and Chiknhead. Archery Basics: Learn safety, equipment, stance and have several tries to get the arrow somewhere close to the target using a recurve bow. (*This is a one-hour session only*) (*Dress for the weather and bring a water bottle*) Class limit is 12.

— **To Be Or Knot To Be** Presented by Trina Keeler. Let’s look at some common knots and learn where they can be used. If you learned some of these at Basic Outdoor Skills, this will be a good review, but either way this will be a hands-on approach to learning easy ways to show your girls how to tie knots. Class limit is 25.

— **Lanyards 101** Presented by Karin Poppe. Some call it “gimp” or “boondoggle”, but most of you know it as plastic craft lacing. It comes in lots of colors and can be used to make some great craft projects. Come join us as we learn how to make both round and square four-strand keychain lanyards. Cost is \$2.00. Class limit is 30.

## SESSION 4: 3:00 pm– 4:00 pm

— **Blue Jean Purses** Presented by Angie Reid. Help “Be the Change” when you recycle old or outgrown blue jeans. Turn them into a fashionable “no sew” project that will appeal to all age levels. Blue jeans will be provided, but please bring a bag of your favorite color pony beads (large hole) and a good pair of scissors. Cost is \$1.00. Class limit is 30.

— **NASA and Girl Scouts!** Presented by Beth Whitehead, NASA Education Specialist. Launch your troop into fun and exciting hands-on activities with NASA. NASA has activities ready to go to help your troop achieve their badges. Find out what NASA has and how to locate it! (*This is a one-hour session only*) Class limit is 20.

#### **SESSION 4: 3:00 pm– 4:00 pm (Continued)**

\_\_\_\_\_ **Ductagami** Presented by Peggy Oney. It's time to roll out the fun with duct tape. It is well known that duct tape can be used to effectively fix many things, but did you know you could make really cool projects as well? We'll "stick" to having fun with the many ways to use duct tape – wallets, flowers, cell phone covers, shoes, can holders, and much more. Cost is \$1.00. Class limit is 20.

\_\_\_\_\_ **Finbrooke Halau Hula** Presented by Joan Gibson. Aloha! Come join us at the Finbrooke Halau Hula (hula school) as we learn about and practice the ancient art of hula. It has been said that Hula is the soul of Hawaii expressed in motion. In this class, you will learn some basic hula movements, put them to music, learn a little about the history of hula, and see costume pieces and instruments used in Hawaiian hula. Class limit is 25.

\_\_\_\_\_ **WRAPtastic Hair Wraps** Presented by Juli Stovall. It's colorful and contagious, it's hip and it's happening – it's a WRAPtastic hair wrap! Hair wraps are popular with tweens and teenagers, and they're easy to make. Kids can get as creative with them as they want, putting in their own style and personality. You don't have to pay 20 dollars for a professional wrap. Come learn how to do it yourself and have fun all year long! Please bring a pair of scissors and a Barbie doll, or a doll with long hair to practice on. Cost is \$1.00. Class limit is 20.

\_\_\_\_\_ **Archery 201** Presented by Hershey and Chiknhead. If you've already been through Archery Basics (101) anytime in the past, and just want to try to actually hit the target with a bit more accuracy, then this is the course for you. We'll skip the instruction part and get on to more practice. *(This is a one-hour session only)* *(Dress for the weather and bring a water bottle)* Class limit is 12.

#### **SESSION 5: 4:15 pm – 5:15 pm**

\_\_\_\_\_ **"Bee" In The Know: Girl Scout Basics for the New Leader** Presented by Mary Shepard and Barbara Lowrey. Are you a newbie Girl Scout Leader? Are you curious about the ways and legends of the Hive? Do you want to know why and how we do the things we do? Buzz on into this fun and informative workshop with Mary and Barb to learn about Girl Scout celebrations, days and ways, and much more. Class limit is 20.

\_\_\_\_\_ **Ginger's Creative Card Class** Presented by Ginger Schneider. Join Ginger for a fabulous card making hour. Experience how quick and easy card making can be. Choose from several kits with supplies to make two cards of each design (one to keep and one to send). This class will be offered twice with different kits at each session. Come share Ginger's passion and catch the stamping bug. Bring scissors. Cost is \$2.00. Class limit is 15.

\_\_\_\_\_ **I Dye – You Dye** Presented by Missy Nimmo. We'll explore some methods of tie dye including how to make shapes on your dyed objects! Bring at least one clean, white tee shirt and at least one pair of socks, so we can explore different dying methods together! Class limit is 20.

\_\_\_\_\_ **Beginning Origami** Presented by Angie Reid. "Be The Change" and change a flat piece of paper into a three dimensional sculpture. Origami is good for you. It teaches your mind to stretch out in directions that could use a little flexibility, building an awareness of alternative ways of thinking. Learn the cup, box, crane and frog to show to your girls. Fold any kind of paper, new or recycled. Cost is \$1.00. Class limit is 30.

\_\_\_\_\_ **Basic Quilling** Presented by Becky Kershner. "Bee" Changed, "Bee" Challenged, "Bee" Creative, "Bee" Yourself! Learn the ancient art of quilling, also known as paper filigree. In this class, you will learn the basic techniques, ways to use them with your troop of any age, and make a simple project using the skills that you learned. Cost is \$3.00 if you have tools or \$8.00 if you need tools. Also, please bring scissors, tweezers and a ruler (regardless of whether you have tools). Class limit is 15.

\_\_\_\_\_ **Be the Bandana** Presented by Judy Robinett. Ready for an active workshop with lots of fun to teach to Girl Scouts? We'll make use of the good ole' bandana to play games, make a craft, encourage "green-ness" and practice survival skills. Take home printed directions and several bandanas. Cost is \$3.00. Class limit is 25.